

Portfolio

Selected works

Anaïs Balmón a.k.a. Gouaille



ANAÏS BALMON a.k.a. GOUAILLE
*27.12.1992 in Geneva, CH
lives and works between
Bern and Geneva
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EXPERIENCES

As a member of the band **Sinon-les-bains**

- 2022 Dampfzentrale — Bern, CH
How to make eggs out of tomatoes
Concert / Play
- ZIRP Festival — Bern, CH
On Herbe - A Sinon-les-bains Radioshow
A kind of special radioshow, on fake grass

As **Gouaille**

- 2023 Guérir avec Gerrie Residency
- 2022 ToBE Gallery — Bern, CH
Residuum - Duo exhibition with Muzi

As **Anaïs Balmón**

- 2022 *à suivre #41*, HKB — Bern, CH
KROOOSSRR, group performance
<https://hkb-soundarts.ch/a-suivre-41-galerie/klassenprojekt-stimme-und-live-elektronik>
- 2021 Festival Black Movie — Geneva, CH
Columnist and presenter on Black FM,
the festival radio (2019 + 2021)
- 2020 Eisladen — Bern, CH
Eisladen n°1 / Body, group exhibition
- Centre d'art contemporain — Geneva, CH
11 cartes postales sur 7 demi étages
<https://5e.centre.ch/en/works/?id=216#work-12041>
- HEAD — Geneva, CH
Workshop RAD ∞ $\{((000))\}$ ∞ HEAD
<https://issue-journal.ch/flux-posts/radi%E2%88%9E0o0%E2%88%9Ehead/>
- 2019 Musée de l'Elysée — Lausanne, CH
Installation for the Nuit des images
https://nuitdesimages.ch/fr_CH/programme/collective-investigation-2019
- HEAD — Geneva, CH
Petites mains ont bien tapé
Project for the festival *Heart@geneva*
With the BIP — Bureau des Interventions Publiques
Perennial work
- Radio Fréquence Banane — Geneva, CH
Columnist, presenter, technician and editor,
Créason and *Urbanana* programs (from 2017)

Upcoming

- 2023 sous nos ongles, CAP HKB diplomfestival
Kunsthau Centre d'Art Pasquart, Biel/Bienne, CH
- 2023 Residency, Manor at Biesenthal
by Culterim Gallery, Berlin, DE
- 2023 Solo show, neighborHUB
Bluefactory, Fribourg, CH
- 2024 Auto-école de déconduite #2 Danser Mourir
by Fléchir le vide collective, Besançon, FR
- 2024 Residency
Op blote voeten collective, Hapert, NL

EDUCATION

- 2020 - 2023 HKB — Bern, CH
Master of Arts in Contemporary Arts Practice
- 2020 VŠVU/AFAD — Bratislava, SK
Semester exchange
- 2016 - 2020 HEAD — Geneva, CH
Bachelor of Visual Arts
- 2017 Radio Fréquence Banane — Geneva, CH
Radiophonic training
- 2012 - 2016 ECG Jean Piaget, École de Culture Générale — Geneva, CH
- 2015 - 2016 Specialized Maturité in Visual Arts
- 2014 - 2015 Certificate in Visual Arts *with honors*
- 2013 - 2014 Specialized Maturité in Social
- 2009 - 2012 Certificate in Social work



Guérir avec Gerrie - Mobile gallery Residency

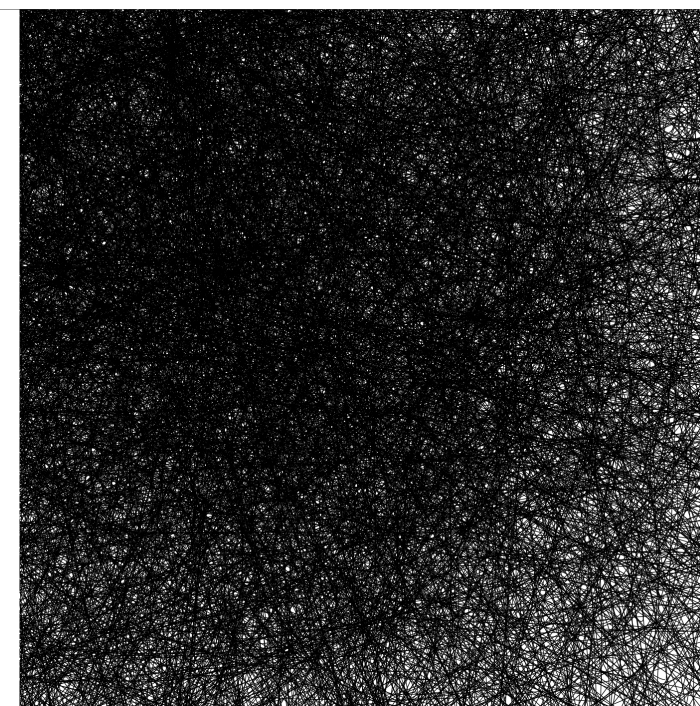
During a three-day residency, I worked on an installation consisting of a sound piece based on MRI recordings accompanied by flashing lights. With Job Griffijn, we discussed the performative act proposed each evening in a different Swiss town. After a simulated medical assessment, people were allowed into the ambulance to live the examination, led by Job as assistant and I as technician.

« *Do you have epilepsy?* »
Installation with performance
With Job Griffijn, organiser of
the residency, and owner of
Gerrie, the mobile gallery
Ambulance, electric installation,
2 leds, 1 PA, 1 computer, patient
costumes from the hospital
March 2023

SE PERDRE DANS DE
L'EAU ROUILLÉE

ET NAVIGUER DANS
LE CHAOS DE SES
SENSIBILITÉS.

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DÉS CRISTAUX SE BRISENT, L'ACÈRENT
TOUT SUR LEUR PASSAGE. UNE PETITE
BRUME CRÉPITE, AU LOIN UNE TÉLÉVISION
CATHODIQUE GRÉSILLE. LA TEMPÊTE
TOMBE, SE RELÈVE ET S'ARRÊTE.
QUELQU'UN MARCHE DANS CES DÉBRIS,
TOQUE:
—EST-CE QUE QUELQU'UN A BESOIN D'AIDE?

SSHHHRHSHHRHRRSSSHSHHHSSSSSSHH
G R U U U U U U U U U U U U U U U

J'AI EU L'IMPRESSION QU'UNE DEUXIÈME
PERSONNE POUSSAIT, QU'ELLE DEVENAIT
GRANDE ET FORTE. ET QU'ELLE AVAIT DES
AILLES ET QU'ELLE ME PRENAIT SOUS ELLE,
QU'ELLE M'EMMENAIT VOLER, ET QU'IL Y
AVAIT DES PRAIRIES, DES COLLINES, ET QUE
TOUT ÉTAIT VERT, VIERGE, ET QUE PEUT-
ÊTRE QUE D'UN DOIGT, EN LE POINTANT,
JE POUVAIS CRÉER QUELQUE CHOSE. PLA-
CER CE QUE JE VOULAIS OÙ JE LE VOULAIS.

HKB, Bern, Switzerland

In this master thesis, a transcript of an Ericksonian hypnosis therapy session and descriptions of recordings made with a hydrophone are interwoven, taking the reader into a noisy inner underwater world.

*Se perdre dans de l'eau
rouillée et naviguer dans le
chaos de ses sensibilités*

Master Thesis
Printed at Medialab - HKB
on paper BLOCKER 135gr.
Louise Typeface created
by Amélie Gallay
February 2023



Dampfzentrale, Bern, Switzerland

A concert, a performance, a recipe? These three luminous characters take us on a sonic and vocal journey in search of something, or maybe just take us into their absurd, mysterious and delirious world, Sinon-les-bains.

How to make eggs out of tomatoes
- A Sinon-les-bains live

Video projector, 3 microphones, 1 electric guitar, 1 amplifier, 4 speakers, 1 mixing desk, 2 computers, costumes, lamps.
Photography ©Tim Rod
December 2022



ToBE Gallery, Bern, Switzerland

Among humidity, three-headed snakes, and dragonflies that become salamanders and solitary frogs. Between fossils evolving in a liquid time and space. We take you deeper by calling you from the guts of the universe through waves and textures of a pure and elusive sound. A sound that leads to a world that may be destroying itself and at the same time creating new structures and bonds.

<https://vimeo.com/831938854/9b32383b24>

Residuum

Installation

Co-created with Muzi

Plaster, 5 Speakers. Sound

21minutes 28 seconds loop

November 2022



ZIRP Festival, Bern, Switzerland

Sinon-les-bains is a band based in Bern. They create spaces with the material available in the exhibition or concert venue to fill it with their sound creations.

«We are loud. We create by improvising and distorting the structure, exploring different music-types and turn it into our own, bending the genres, generating chaos, instability and uncertainty. Together it becomes an energetic, trashy, punky, liminal world.»

Here, fake grass mats, a video projector and a swing were used to create a special 4-hour fake Radioshow. Each person was invited to sit on a swing to tell a good news story, sing a song, or just sit on the floor on cushions, listening to the band's music, in a participative and improvised space.

On Herbe - A Sinon-les-bains Radioshow

A special kind of radioshow, on fake grass.

Set up: fake grass carpet, fake plants, two old lamps, a swing, golden curtains, various cushions, coffee table, sheets of paper, pens, video projector, 15 minutes video loop, 3 tables, 3 chairs, 3 microphones, 3 stands, 3 computers, 2 synthesizers, 2 controllers, 1 step sequencer, 2 sound cards, 1 electric guitar, 1 amplifier, 2 loudspeakers, 1 mixing board.

July 2022



I wot ä glacä si is a short film about a snow cyclop who goes into deep introspection.
How to live in this melting world?
Or simply, how to become an ice cream?
<https://vimeo.com/553479666>

I wot ä glacä si
Short film
Co-creation with Jessica Voelke and Wren Cellier
May 2021



Audio postcards broadcast on the internet platform of the *Centre d'art contemporain de Genève*.
<https://5e.centre.ch/en/works/?id=216#work-12041>



Fire walk with me
 Diploma work
 Installation
 Video projector, two speakers
 Insulation panels, headphones, chair
 Metal, plexiglas, wood, unfired ceramic
 Variable dimension
 Photography ©HEAD-Michel Giesbrecht
 July 2020



Installation composed of three works.

Work on the dimension of the body which seeks here to understand its functioning, its movements, its transformations. It rediscovers and recognises itself, both physically and psychologically.

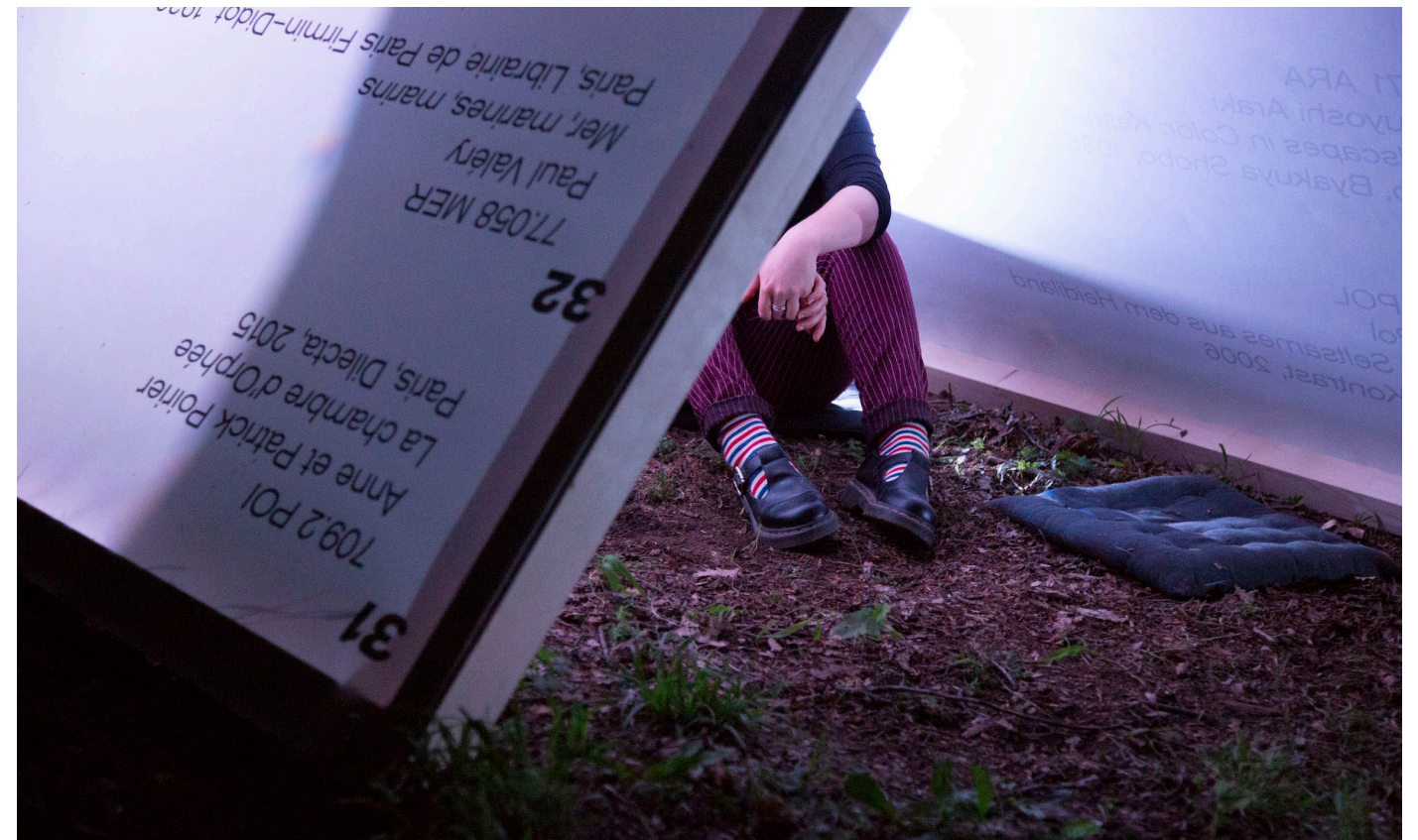
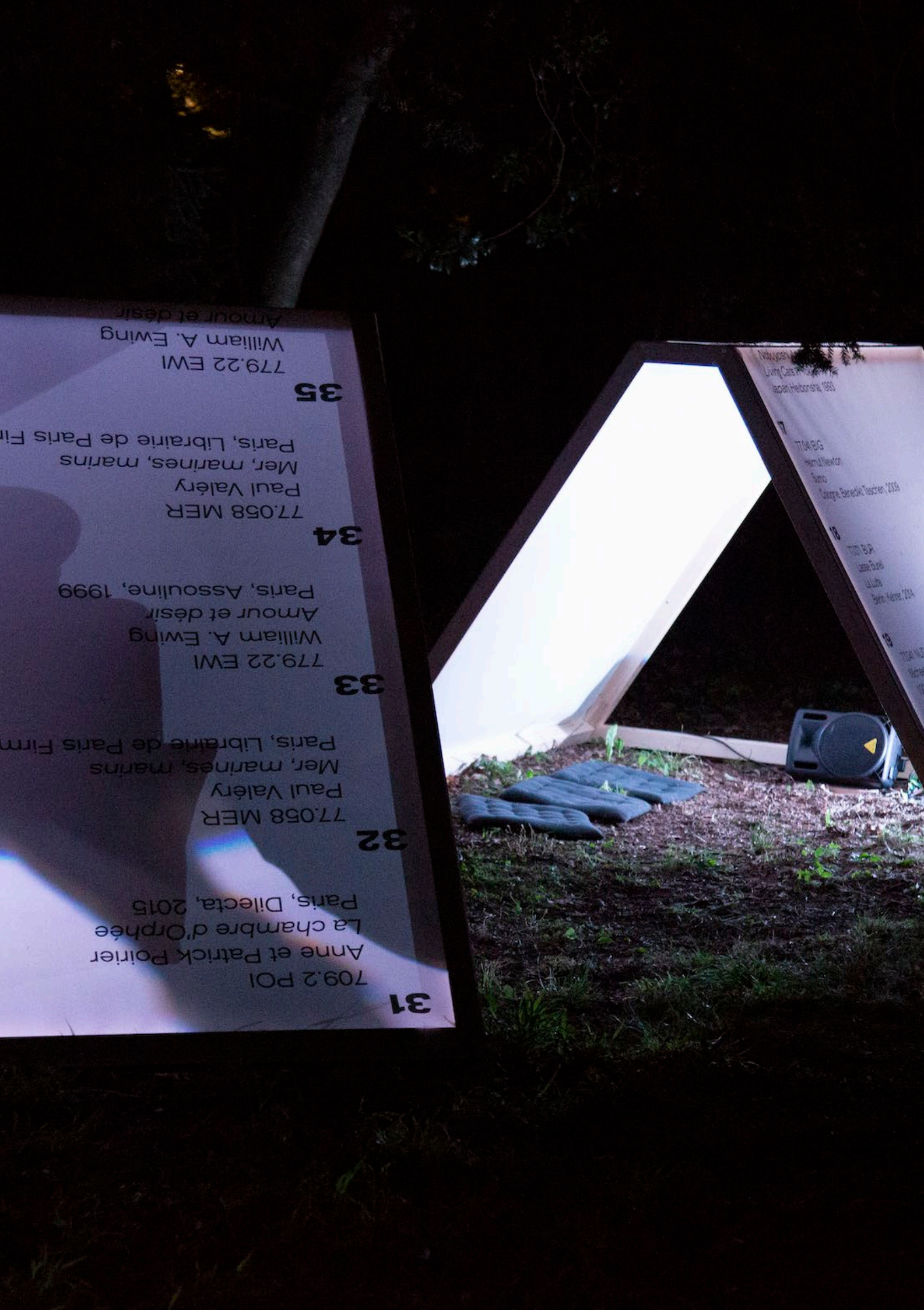
A video is projected on a large part of the wall where we see a faceless girl dancing. Everything is white, clinical. the video takes up space, you can immerse yourself in it. With the video, music is played, inspired by the music of Twin Peaks created by Angelo Badalamenti. This music has no rhythm, it is in complete opposition to the video and allows the spectator to be «hypnotised» by the video.

Link to the video : <https://vimeo.com/455241831>

An object invites you to put your head in it to see what's going on. Inside, a hypno-therapy session takes place. In a slightly altered state of consciousness, a person explains how she feels, describes the completely surreal images that appear to her. These images seem to be metaphors. The spectator enters the head of someone who is on a long journey of introspection. The sound is reminiscent of a voice from within. The device also modifies the sound itself.

Further on, a light box appears. Inside, there is a fake bone, made of unfired ceramic. This bone has been cut cleanly, perhaps as a result of illness, an accident or because we wanted to observe what it is made of. We observe the relationship to the body. Such a small piece of bone allows the whole body to stand upright. When it is removed from the body it changes its status. From a useful element, it becomes a subject of study, a dead but not really dead object, the symbol of a past life. The plexiglas inside the box is reminiscent of the analysis of X-rays. The device is also linked to ethnology museums where one can observe real bones and better understand how our body is made up.





Nuit des Images, Musée de l'Elysée, Lausanne
Carte blanche HEAD–Genève

The « Appropriation » option of the HEAD – Geneva showcases a selection of images from the library of the Musée de l'Elysée. According to a protocole established by the American artist Matthew Bakkom, Collective Investigation paints a portrait of both the group and the library. The students propose an alternative way of approaching the images.

Original version of the text here:
https://nuitdesimages.ch/fr_CH/programme/collective-investigation-2019

Collective Investigation
Installation
Wood, trapaulins, speakers, cushions, electrical system
Variable dimension
June 2019



Festival *Heart@geneva*, Collège Calvin, Genève

Seven ceramic bricks with engraved drawings, explanatory diagrams of collective games for children.

Randomly arranged in the courtyard of the Calvin College, they are related to archeological excavations that have taken place in the surrounding area.

Between past, present and future, unidentifiable objects.

Petites mains ont bien tapé

Ceramics

22.9 x 15.2 cm each object

Photography © Benoît Casot

June 2019 - permanent installation